

Fibroid Shrinking Class – Q & A

This booklet contains a list of questions asked during the Q & A session of the Fibroid Shrinking Class. Dr. Akilah gives very detailed answers to each question listed below. Therefore, lined areas are added after each question for note-taking. This document is also available in Microsoft Word upon request.

Print this booklet before watching the videos. Take notes after each question listed below.

- Dr. Akilah can you please explain the dangers and consequences of Lupron?

- Can I shrink fibroids while pregnant or breastfeeding?

- Is it possible to have a vaginal childbirth with fibroids?

- How do I stop the fibroids from growing while pregnant?

- Doctor Akilah can you explain the pros and cons of myomectomies. I heard that you are not against them in certain circumstances. What are they?

- What type of exercises would we avoid while shrinking fibroid?

- Can you explain degeneration fibroids? Is that a good or bad thing?

- Why do some women experience pain while pregnant with degeneration fibroids?

- What about women who are not pregnant? Do they experience pain with degenerative fibroids?

- Dr. Akilah will your personalized program shrink fibroids and ovarian cysts at the same time?

- Is it true that women who have PCOS can't get pregnant?

- What about endometriosis? Can women with endometriosis get pregnant?

- Doctor Akilah I've been vegan for over five years and my fibroids haven't shrink. Why is that?

- I read that farmed raised fish is better than wild caught fish because of all the mercury and chemicals in the water. Why is that false information?

- Dr Akilah I'm on your program and seeing major results. My sister has fibroids but is unemployed at the moment. If she follows the program you wrote for me will she get the same results?

- Does progesterone cream really work?

- I'm 17 weeks pregnant with fibroids. None of them are calcified but I'm in serious pain so my doctor prescribed Vicodin but I'm scared to take it. Will it hurt my baby?

- Me too but I'm 24 weeks and my doctor prescribed Indocin 25mg every 6 hours and take no longer than 48 hours. It's not working because I'm still in pain. What should I do?

- Dr. Akilah you talked about fish but what about goat and lamb? Are they okay to eat?

- Dr. Akilah were you serious when you said that you're leaving the fibroid shrinking field? Or was this a joke?

Thanks for participating!

http://www.celestialhealing.net/online_classes_homepage.htm